

Western Oregon Women's Indoor Track and Field Records

55-Meter Dash	7.12.....	Rachael Morris-1998
55-Meter Hurdles	8.34.....	Chris Hermes-1998
60-Meter Dash	7.84	Madison McClung-2011
60-Meter Hurdles	9.09	Kaitlyn Reid-2011
200-Meter Dash	25.59.....	Sarah Kathrein-2010
300-Meter Dash	43.22.....	Toni Adair-2002
400-Meter Dash	58.14.....	Leisa Puckett-1991
500-Meter Dash	1:19.56	Annan Applebee-2008
600-Meter Run	1:36.41	Summer Morris-1998
800-Meter Run	2:11.43	Annan Applebee-2010
1000-Meter Run	3:03.8	Nikki Becker-1992
1500-Meter Run	4:53.0	Andrea Gemmil-1994
Mile Run	4:48.06	Selina Stanton-1988
3000-Meter Run	10:16.0	Randi Taruscio-1989
5000-Meter Run	18:12.80	Amanda Wright-2011
4 x 400 Meter Relay	3:58.21	Peterman, Satran, Ables, S.Morris-1998
4 x 800 Meter Relay	9:23.27	Kruger, Free, Satran, S.Morris-1998
Distance Medley Relay	12:30.75	Harper, Helbling-2008 Howell, Morrison
High Jump	5-7	Suzie Burrigh-1996, Taryn Plypick-2007
Long Jump	18-2.25	Katy Kociemba-2005
Triple Jump	38-10	Ashley Potter-2010
Pole Vault	11-3.75	Stephanie Booth-2003
Weight Throw	58-2.5	Kristin Hepler-2004
Shot Put	47-3.75	Kathy Gottberg-1990
Pentathlon	3342.....	Jacque Helbling-2007

All times are fully automatic

Bold face indicates new marks